

March 2011

PH: 780-954-3827

W. R. FROSE SCHOOL

FAX: 780-954-3934

		1 Day 3	2 Day 4 <i>Jarvie Gr. 8 Presentation</i>	3 Day 5 <i>Gr. 7/8 Swimming</i>	4 <i>P.D. Day</i>	5
6	7 Day 1 <i>Jarvie Parent Presentation @ WRF at 7pm</i>	8 Day 2	9 Day 3 <i>Farm Safety Presentation</i>	10 Day 4 <i>Skiing 4-8</i>	11 Day 5 <i>Gr. 7/8 Swimming</i>	12
13	14 Day 1	15 Day 2	16 Day 3	17 Day 4 <i>Hot Dogs Gr. 7/8 Swimming</i>	18 <i>No School</i>	19
20	21 Day 5 <i>School Council Meeting @ 7 pm</i>	22 Day 1 <i>Dental Cleaning 1-6</i>	23 Day 2 <i>Early Dismissal @ 2:00</i>	24 Day 3	25 Day 4 <i>Gr. 7/8 Swimming</i>	26
27	28	29	30	31	S P R I N G B R E A K	

FEBRUARY

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

"Learning Today To Succeed Tomorrow"

Spiteful words can hurt your feelings but silence can break your heart.

The folks you help won't remember it and folks you hurt will never forget it. Bill Clayton

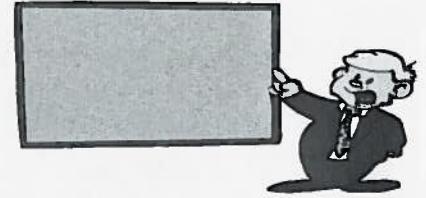
APRIL

S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

W.R. Frose is a caring school that inspires and supports students' achievement so they can become responsible, contributing citizens.

JARVIE SCHOOL PRESENTATION

Grade 8 Students
Marty Cairns
March 2, 2011
@ W.R. Frose



Jarvie Presentation to Parents

March 7, 2011
@ W.R. Frose



UFA Farm Safety Presentation

March 9, 2011
K-6 Students

Skiing for Grades 4-8

March 10, 2011
Leaving @ 8:45 and returning @ 5:00



Hot Dog Sale

March 17, 2011
Cost \$1.00



School Council Meeting

March 21, 2011
@ 7:00

March 22, 2010

Health Unit
Dental Cleaning

Early Dismissal
March 23, 2010
@ 2:00 pm

Tobogganing
???????
waiting for better weather

Chocolate Bars
Library still has bars for sale
\$2.00/bar

VOLUNTEERS NEEDED
SPIRIT CENTER SPRING GALA
April 9, 2011 in Westlock
For Information: Call Cristy Paly @ 780-681-3909

Principal's Message

March, 2011

February has been a busy month for our students. We started off, on the first, with parent/teacher/student conferences. Thank you to everyone who attended. These conferences are an opportunity for us to discuss student progress and to make any needed changes to students programming and are an important part of ensuring the success of our students. There were a few challenges in terms of scheduling, which we will be addressing in the our next conferences, in the fall. If you were unable to attend, please feel free to contact your child's teacher(s) and we will be happy to arrange a time to meet with you. While these were the last formal conferences for t his year, please feel free to contact us at anytime if issues and concerns arise.

During our morning assemblies, in February, we talked a lot about bullying: what it looks like; what it sounds like; what it feels like; and how to deal with it. This topic was chosen after a few parents, from different grades, approached me with concerns about instances of bullying. Some of these were on the bus rides and some were at school. I would like to thank these parents and students for making us aware of these incidents, as we are now able, as a school community, to deal with this issue. Thank you to Mr. Thompson who developed and presented a presentation on bullying, which clearly identified what bullying is and how students can deal with it, in partnership with the adults around them. While it is easy for us, as adults, to say "It is just words and words will never hurt us," the truth is that the cutting comments which are made are just as hurtful as physical bullying, and are often remembered for a lifetime. We are encouraging our students to treat each other the way that they would like to be treated. Please take a few minutes to talk to your child(ren) about this topic. No child should feel that they are alone when dealing with an issue such as this.

March looks like another busy month. It begins with a PD day. Next week is the second, and final, ski trip of the year. If the weather cooperates, it may also be the tobogganing day for our elementary students. On Wednesday, March 2, Mr. Martin Cairns, the principal of Jarvie School, will be talking to our grade eight students about the Jarvie option for grade nine. He will be following up on this with a parent information meeting on Monday, March 7th at 7:00. More information about this will be coming home in a letter from Mr. Cairns.

As always, thank you for your continued support of W.R. Frose School. Our students are very lucky to be living in such a terrific community.

Have a great month,
Lisa Gehring
Principal,
W.R. Frose School

MARCH 2011

The Power to Parent

Learn how to handle common behaviour problems by using refreshing natural alternatives without straining the child/parent relationship.
For Parents of Children 0-8 yrs, 4 Monday Sessions
April 4, 11, 18 and 25th, 6:30-8:30pm; @PLC
 \$15.00 (subsidies available)
 Facilitator: Barbara Wilson / Parent Educator
Limited Space call by Mar 25th: 307-2444 ext 1

Stays & Plays

Drop in Playtime for Parents & Children
Wednesday's 10:30-12pm
@ PLC Center
 Developmentally appropriate
 Activity focus 2-5yrs/Snack Provided/No Cost
 Storsacs demo March 9th

Parenting Spirited Children:

Wed. March 16th, 12:15-2:15pm
 A parent discussion group for children of all ages. Childcare available/No Cost must pre-register with Parent Link Centre
780-307-2444 ext. 1

Westlock Municipal Library

Storytime; Mar 15-31st \$1.00
 Tues. & Thurs. 10:30-11:30am, ages 3-5 yrs
Pajama Night
 Tuesday Mar 29th, 6:30 pm all ages
SCIENCE SATURDAY
 Mar 26th, 11am, ages 5-12yrs.
 For more information call 780-349-3060

Family Gym night (0-12yrs)

Friday Mar 18th, 6:30-8pm
RF STAPLES SMALL GYM
 Indoor shoes



parent participation required

St. Mary School Council invites you to:

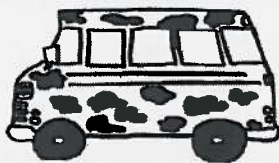
"Kids and House Party Liability"
Info session for all parents Tues Mar 1, 7pm
 Greg Properzi: Lawyer
 Cst. Jack Farrell : R.C.M.P
 Kevin Verbeek: Kyetech 911
Cultural Arts Theatre, Westlock
For more information call: 780-307-0090

Agnes and Stages Childrens' Fair

An hour of Fun Activities to Learn about your Child's Development
18 mos. - 5 years

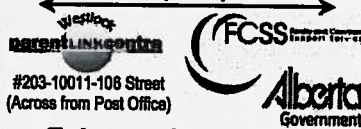
Friday, March 18th 9:00 am - 2:00 pm
Saturday, March 19th 9:00am - 12:00 pm
 St. Mary's School 9916 97 Street Westlock

With Special Appearance by...
The COW BUS



a Nursery Classroom on Wheels
Please Register for this FREE event by March 11th at Westlock Parent Link 780-307-2444 ext 1

Monthly Calendar Brought to you by:



#203-10011-108 Street (Across from Post Office)

To have a calendar emailed to you please send your request to plc.hfnt@telus.net

FINDING MY SONG BY BIRD

TUESDAY MARCH 8th 7:00 PM
R.F STAPLES SCHOOL, WESTLOCK AB
 Tickets available AT THE DOOR AND AT THE FLOWER SHOPS. WESTLOCK 780 307 3703
 *A portion of the proceeds from each ticket sold will go directly to Westlock Parentlink
 Show running time is 1 hour followed by a Q&A
Children: \$8.00
Adults: \$10.00
 * Recommended 5yrs & older *

Scots to Sunshine

Early Childhood Development Workshop

Saturday, April 9, 2011
 9:00 am-3:30 pm (Registration opens @ 8:30)
 Westlock Memorial Hall, 99 Ave - 106 St, Westlock, AB



Celebrating 20 Years!

Dr. Martin Brokenleg

Circle of Courage...

Experiences that strengthen a child from within
 A worldwide presenter, retired professor, member of the Rosebud Sioux Tribe, a former chaplain with a doctorate in Psychology and a father of three from Victoria, BC.



Dr. Brokenleg will speak to parents, caregivers and professionals about:
 *parenting in a complicated world
 *celebrating being a parent
 *teaching children how to be courageous and caring

Join us and take time to laugh and be inspired....

\$25 per Individual/\$35 per Couple (includes buffet lunch)

Seating is on a first come basis
 Registration Deadline - April 1st
 No Refunds after this date

KIDSPORT SO ALL KIDS CAN PLAY!!

Kidsport believes that no child should be left on the sidelines and all should be given the opportunity to experience the benefits of organized sports. They provide financial support in order to remove the financial barriers that prevent children from playing organized sport. Kidsport provides grants of up to \$250/year to children from families facing financial barriers to register in organized sports. An application must be filled out and once approved the funds will be forwarded directly to the sport organization on behalf of the child. Apply early as it takes about 30 days to process the application. For an application or more information, call or stop by FCSS at 201, 10004 107 Street, Westlock 780-349-6900.



Eastglen Outdoor Skating

Call the Recreation Centre for Public Skating Times
@ 780-349-6677

Westlock Jubilee Arena FREE WINTER SKATING

Friday Mar 4th, 7-8 pm
& All Sundays 4:40-5:50 pm
 Sponsored by:
The Town of Westlock & Boston Pizza

Each One Teach One Literacy Program

MOTHER GOOSE
 Mondays 10-11am, Mar 7-21st
 @ Westlock Municipal Library
 Call: Teena @ 780-349-6333



Lil' Sprouts

Program for Parents of "Little One's"
Tuesday's 10:30am - 12pm
 Come and meet other moms and their children
 Play focus is for ages 0-2yrs
 Storsac Demo March 8th
 Parent Link Centre Snack Provided/No Cost



Parent Link Volunteer Committee

Next meeting Tues. March, 8th, 12:15 @ PLC Centre. Children can come play/Snack provided Must RSVP Contact Anita @ 780-307-2444 ext. 1